



Radiance

Supporting the emotional wellbeing of
parents with their journey into parenthood



SOUTH WEST
**Women's
Health**
& Information Centre

South West Perinatal and Infant Mental Health Symposium

Together Anything is Possible

"We don't have to do all of it alone. We were never meant to." Brené Brown

Saturday 23 February 2019

Symposium from 8.00-16.30, Sundowner from 16.30-18.30
with keynote speaker Dr Vijay Roach, Gidget Foundation
Undalup Room, City of Busselton

- Open to all Health Practitioners and interested community members -

Join us!

Early Bird tickets available for \$115 until 31 December 2018

Regular tickets \$150, closing date 15 February 2019

Tickets include morning tea, lunch, afternoon tea, a sundowner
welcome drink and grazing table

Purchase tickets through radiancesouthwest.com.au

*Nearly **1 in 5 mothers** and **1 in 10 fathers** will experience perinatal anxiety and depression (known previously as postnatal depression) that is often hidden and not fully understood. That's around **100,000 Australians each year**.*

Tragically, suicide is a leading cause of maternal death.

Emotional wellbeing for pregnant women and new parents can be restored with timely and supportive care. Join us to improve your knowledge of the importance of mental health for the men, women and children we love and care for.

For more info contact Radiance South West on
9791 3350 or 0490 094 994 and radiancesouthwest.com.au

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